Narrative report NGO Our action for year 2023

Implemented (or ongoing) independent projects of the youth NGO Our Action:

- 1. Youth Educational Center "Muo", (March 1, 2020 present)
- 2. Career Info Corner (Kotor and Podgorica), (March 15, 2022 February 15, 2023)

Programs of the NGO Our Action:

- 1. Nature for the mental and physical health of youth
- 2. Youth career education and employability program
- 3. Soft skills program and the art of independent living
- 4. Youth and heritage

Erasmus exchanges:

- 1. "Travel around your mind and soul", Gyongyos, Hungary, participation of 2 NGO representatives, February 2023
- 2. "Operational experimental learning in youth work", Borjomi-Kharagauli National Park, Georgia, participation of 3 NGO representatives, June 2023
- 3. "Artistic expressions to ease the process of youth inclusion", Tornareccio, Italy, participation of 3 NGO representatives, July 2023

Volunteering/organizational support for others:

- Action to clear the Kotor city walls, with TO Kotor and the Kotor Directorate, January 16
- Organizational support for the Winter Kotor Festival, March 5, Kotor
- Organizational support for the Extreme Wolf Race, March 25, Tivat
- Volunteering support for the Zabjelo Cultural Festival, June 10-11, Podgorica
- Volunteering support for the event "Return to Nature", June 29, Podgorica
- Volunteering support for the "Summer International Kotor Carnival", August 12, Kotor
- Volunteering support for the Regatta Exhibition, November 5, Orahovac, Kotor
- Volunteering support for "Sports Days", November 10, Tivat
- Volunteering support for the Urban Wolf Race, November 12, Tivat
- Holiday decoration of the Old Town Kotor, November 18, Kotor
- Holiday decoration of Tivat, December 3, Tivat
- Boka Marathon, December 17, Tivat/Kotor

Educational content for youth:

- 1. Workshop "Career in Montenegro without 'strong connections' myth or truth", speaker Igor Djuricanin, January 13, NGO Our Action office, Podgorica
- 2. Workshop "Emotions what do they tell us?", intern/psychologist Marta Martinovic, February 10, Youth Club Kotor
- 3. Workshop "Volunteering to Employment" for the Career Info Corner project, JU "Sergije Stanic", February 14, Podgorica
- 4. Workshop "Interesting Chemistry Evening", March 3, NGO Our Action office, Podgorica
- 5. Workshop on the importance of protecting people and property in situations of disasters and other emergencies, guest: Ljuban Tmusic, March 1, NGO Our Action office, Podgorica
- 6. Workshop "Leaving the Comfort Zone: Psychological Journey of Studying Abroad", intern/psychologist Marta Martinovic, March 8, NGO Our Action office, Podgorica
- 7. Workshop "Leaving the Comfort Zone: Psychological Journey of Studying Abroad", intern/psychologist Marta Martinovic, March 17, Youth Club Kotor
- 8. Project presentation "Travel around our mind and soul", March 20, NGO Our Action office, Podgorica
- 9. Support for "Earth Hour", March 25, Podgorica/Kotor
- 10. Workshop "Owls of Montenegro", in collaboration with NGO CZIP, March 28, NGO Our Action office, Podgorica
- 11. Workshop "CV Creation Workshop", intern/psychologist Marta Martinovic, April 6, NGO Our Action office, Podgorica
- 12. Workshop "How to Become a Superhero Cultivating Inner Strength and Resilience to Daily Stress", intern/psychologist Marta Martinovic, April 7, NGO Our Action office, Podgorica
- 13. Workshop "How to Become a Superhero Cultivating Inner Strength and Resilience to Daily Stress", intern/psychologist Marta Martinovic, April 21, Youth Club Kotor
- 14. SUP board riding workshop, Movida beach, September 16, Djurasevici
- 15. Presentation "Tips for Safe Riding of E-scooters", September 21, Tivat

Camps/multi-day activities:

1. Protest/Educational camp "Think Clearly", April 28-30, Komarnica

Our action field/terrain hands on activities:

- Action to arrange benches and playgrounds in Seljanovo, January 6, Tivat
- Arranging and painting OS "Drago Milovic", January 12, Tivat
- Coastal cleanup action Orahovac (Youth for a clean Adriatic), February 15, Kotor
- Educational/heritage tour of Bigova, February 19, Lustica
- Educational visit and concert at Montenegro Tower, March 11, Bar
- Educational/heritage tour of the Spanjola Fortress and cart race, March 12, Herceg Novi
- Arranging the public area and playground of MZ Gradiosnica, March 18, Tivat
- Educational/heritage hiking tour marking Forest Day and Water Day, March 19, National Park Lovcen and Pestingrad, Cetinje
- Preparing the Youth Center Muo for the upcoming season, April 9, Kotor

- Coastal and underwater cleanup "Earth Day 2023" (Youth for a clean Adriatic), April 22, Dobrota, Kotor
- Educational/heritage visit to the Lipska Cave, May 14, Cetinje
- Hiking/heritage tour of Vrmac with youth from France, June 16, Kotor
- Hiking/heritage tour of Vrmac with youth from France, June 11, Kotor
- Action to restore the mural at OS Drago Milovic, September 1, Tivat
- Cleaning action in Djurasevici, Planet Earth Cleanup Day 2023 (Youth for a clean Adriatic), September 16, Tivat
- Adventure called NP Skadar Lake, October 9, NP Skadar Lake
- Memorial Table Tennis Tournament "Andjela Burzanovic", November 11, Tivat

Humanitarian activities:

- 1. Charity bazaar "From the Heart for Fedja Alkovic", July 8-9, Kotor
- 2. Book donation collection for OS "Drago Milovic", September 20 October 20, Tivat
- 3. Humanitarian action "Autumn Harvest Festival", October 10-17, Kotor
- 4. Donation action for 4 pensioner families from Muo, December 15, Kotor
- 5. Donation action for socially vulnerable families of OS "Veljko Drobnjakovic", December 18, Risan
- 6. Donation action for socially vulnerable families from the OS "Nikola Djurkovic" branch in Radanovici

Youth Awareness:

- 1. Youth Information Center, Kotor maintenance of the Facebook page
- 2. Participation in marking Youth Day "Exhibition of Youth Work", August 12, Tivat

Volunteerism Award 2023:

- 1. Sava Strahinja
- 2. Nemanja Boskovic
- 3. Jelena Asanin
- 4. Sofija Jakimov
- 5. Tina Bogojevic
- 6. Nikola Jovanovic

Publications/Media - Kotor to the World:

- Publication "Career Info Corner Professional Services for Youth Employment", February 7, Podgorica and Kotor
- Video project "Career Info Corner", Project manager Vuk Koljentic, February 9, Podgorica
- Appearance on Prva TV project "Career Info Corner", PR Nemanja Boskovic, February 23, Podgorica
- Working with young students from Wageningen University, Netherlands, on the topic "Sustainability of Tourism in Boka Kotorska", May 13, Kotor

- Visit to Radio Tivat, show "Skolarac", May 18, Tivat
- Publication "Tips for Safe E-Scooter Riding", September 21, Tivat

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The activities of the NGO Our Action also include activities of the sister organization "Youth Team Tivat."